



A personal note from Linda McKinnon, CEO.

**E-News This Week
January 6, 2014**

Happy New Year 2014!

We at CFBHN are looking forward to working with our community partners and stakeholders to make this a very healthy new year for consumers and families who receive behavioral health services in the public sector.

This ENews is designed to highlight events of interest throughout our region as well as

be a vehicle to share state and national news. Here's hoping your week goes well!



Florida Trend Reports Americans Hopeful in 2014

[Negative reviews prevailed for 2013; not so for 2014](#)

WASHINGTON (AP) – A large number of Americans see 2013 as anything but a banner year and aren't reluctant to wave goodbye on New Year's Eve, a new AP-Times Square poll says, reflecting anxiety stretching from the corridors of power in Washington to corporate boardrooms, statehouses, and city and town halls. Although the poll shows that people generally are looking forward to the new year with optimism and no blatant sense of foreboding, it also unmasks pent-up worries about international crises and instability, and concerns at home about the standard of living, health care and schools. To read the full report click here:

http://customwire.ap.org/dynamic/stories/U/US_POLL_NEW_YEARS_EVE?SITE=FLPET&SECTION=HOME&TEMPLATE=DEFAULT&CTIME=2013-12-26-08-54-57

CFBHN Staff Makes Christmas Contribution to Metropolitan Ministries

[As a group gifting was made special](#)

Jennifer Syedin, Director of Finance/Human Resources reported that as a group CFBHN provided the following:

- 200 pounds of Food
- 136 new toys
- \$75 in gift certificates

CFBHN Announces Executive and Board Meeting Dates for 2014

[Notification complies with Sunshine Law](#)

Laura Gross, Executive Assistant/Administrative, has issued the approved dates for upcoming 2014 meetings. Please click on [Board Meeting Schedule](#) for complete list. All meetings are held at the CFBHN administrative offices located at 719 US Highway 301 South, Tampa, Florida. If you have any questions you may contact Laura at 813.740.4811 or lgross@cfbhn.org.

Caregivers of Individuals with Dementia can Experience Isolation

[This isolation is very challenging for caregivers living in rural locations](#)



The SCORE project (Supporting Caregivers of Rural Elderly) involved the development of resources that could be delivered via telephone or internet. One such resource is a set of video modules that exemplify the experiences that a Caregiver may encounter over the course of their loved one's progression with dementia. The twenty video modules follow the lives of a fictional couple, Harold and Margaret, from Harold's diagnosis of dementia through several medical, behavioral, emotional, and logistical challenges. Each module provides approximately five minutes of content focusing on a variety of different topics. The

most frequently viewed topics include: Communicating with Your Doctor, Overview of Dementia, Caring for the Caregiver, Facing Legal Issues, and Problem Behaviors. All of the modules can currently be viewed or

downloaded for free on the Office of Rural Health public website at:
www.ruralhealth.va.gov/education/dementia-caregivers/index.asp

Community Health Centers of Pinellas Awarded Federal Grant

[\\$650,000 will open new facility and expand access in Highpoint](#)

The new health center will be co-located with Suncoast Center, Inc., CHCP's Behavioral Health partner, at their office located at 2960 Roosevelt Blvd. in East Clearwater. The new access point will include pediatric, adult, geriatric and gynecological care as well as services including a dietician, Mednet® (prescription assistance), disease care management, financial counseling, case management, mental health and substance abuse services, and clinical pharmacy services.

Ms. Barbara Daire, CEO/President of Suncoast Center, Inc., offered these words: "Suncoast Center is very excited about increased availability of health services in the Highpoint neighborhood. Our partnership with Community Health Centers of Pinellas continues to provide and expand blended health and behavioral health services in high need neighborhoods."

CFBHN Issues "Bravos"

[Utilization Management recognizes extra efforts](#)

Tara Giberga, MBA, Senior Program Manager, issued the following special "kudos" to network organizations who focused on their processes:

- **Ann Marie Jones** – Peace River Center SRT - For continuing efforts and collaboration on the implementation of the SRT review process with CFBHN.
- **Adam Jensen – Manatee Glens CSU/CCSU** - For your timely/immediate responses to high need/high utilization requirements

CFBHN Completes NIATx Change Leader Academy Training in December

[DACCO was host to comprehensive training for more than 35 participants](#)

Perspectives from the National Program and State DCF office were shared and Process Improvement 101 was on the schedule. A "Walk Through Summary" and "Change Team Roles" were both detailed and the importance of data was emphasized. The group finished with an "Airplane Exercise" to bring it all together.



Space Available at CFBHN Mental Health First Aid Training January 9-10

[Call Margo Fleisher at 813.740.4811 to register](#)

Come get acquainted with ALGEE in a two day training session with Margo Fleisher and Tonica Freeman-Foster on Thursday, January 9 from 9am – 1pm and Friday, January 10 from 9am – 1pm. This is an informative, thought-provoking and fun training



Free Webinar on Complex Trauma & Addiction

DCF and FADAA partner to bring education and CEU's to professionals Friday January 10

Researchers and practitioners identify a significant interaction between all forms of trauma, mental health and substance use and abuse (involving drugs, alcohol, other substances and the so-called process addictions). A history of trauma, whether in childhood (resulting from chronic child abuse and neglect) or later in adulthood (especially resulting from combat or other forms of repetitive exposure) is found in a large percentage of individuals with mental health, substance abuse and/or addiction issues. Most clients don't make the connection between their behavioral health symptoms and their trauma history and, unfortunately, neither do those who treat them, whether addictionologists or mental health practitioners.

In this webinar, the connection between trauma (especially interpersonal and complex in causation) and behavioral health issues will be examined. Special attention will be given to improving the practitioner's ability to identify and understand symptoms of complex trauma and their relationship to behavioral health symptoms. This will help provide a treatment that addresses both issues in an integrated way and that has as its foundation health and safety. The current standard of care is to treat both issues concurrently-ways to do this will be presented.

To register for this event, please click on the link or copy and paste into your browser:

<https://fadaaevents.webex.com/fadaaevents/onstage/g.php?t=a&d=660142283>

Noted Addiction Theorist Gives Talk at USF January 9

Dr Steve Tiffany will be at Moffitt Cancer Center

This is part of the "Grand Rounds in Population Science" ([see attached flyer](#)). He is currently the Psychology Department Chair at SUNY-Buffalo. Dr. Tiffany's talk is titled, "*The Science of Drug Craving: Functional, Clinical, and Practical Considerations.*"

Florida Smart Justice Alliance Presents 3rd Summit January 27-29

Smart alternatives for a safer Florida

**2014 JUSTICE
SUMMIT**



www.justicesummit.org

www.smartjusticealliance.org

Professor Edward Latessa will be the keynote speaker at the upcoming summit. Dr. Latessa is the Director of the School of Criminal Justice at the University of Cincinnati, which holds a number one ranking for research productivity, and recognition in U.S. News & World Report as one of the top three doctoral programs in the nation.

Professor Latessa has been named "one of the most innovative people in criminal justice" by a survey of criminal justice leaders and professionals across the nation. Dr. Latessa is particularly known for research that intensive offender interventions are particularly suitable for high-risk offenders and can have counter-productive effects with low-risk offenders.

Dr. Latessa will be speaking about "What Works and What Doesn't to Reduce Recidivism."

The three day summit will issue policy recommendations for Corrections, Juvenile Justice, Mental Health, and Substance Abuse arenas for consideration in the 2014 Legislative Session.

Hilton Orlando/Altamonte Springs

This year's conference will be hosted at the Orlando/Altamonte Springs Hilton. Hotel reservations at the discounted rate of \$119/night in the Summit room block can be made on their [website](#). The summit room block is filling up quickly, secure your room now!

**Early Bird
Registration**

\$199

Through January 7

**Register
Now**

Special Baker Act Training Schedule Announced

Will feature implementation impacts of HB 1355

The training outlines the requirements of the law and offers guidance as best practices for compliance. Sample forms, workflows, and other materials will be provided to clarify the process and assist in ensuring your organization's responsibilities are satisfied. The training is specifically aimed toward physicians, receiving facilities, judges and magistrates, and Clerks of the Circuit Court who are all part of the mental health process and are directly affected by statute. Trainings will be facilitated by Baker Act specialist Martha Lenderman. Also participating in the training will be representatives for physicians, receiving facilities, the judiciary, the Clerks of the Circuit Court, the Department of Children and Families, and the Florida Court Clerks and Comptrollers.

Training sessions are being held in the following locations:

January 14 Tampa
January 16 Miami
January 17 West Palm Beach
January 29 Tallahassee
January 30 Jacksonville
February 13 Orlando

All trainings are scheduled from 1pm – 5pm

Registration can be made by sending an email to mecom@fdle.state.fl.us.

Please click [here](#) for further information on the training.

Kevin Lewis, Chief Executive of SalusCare, is a 2013 Person of the Year Will be honored as finalist January 16 in Bonita Springs in Trailblazer category



A long-time advocate for serving mental illness, Lewis was instrumental in merging Lee Mental Health Center and Southwest Florida Addiction Services into the new not-for-profit SalusCare this summer. As the chief executive officer, he led a \$9 million fundraising campaign to build the new facility. The merger should improve communication and care for the mentally ill by having a centralized program of services. Lewis worked 21 months on dealing with issues and obstacles in creating SalusCare. As nominee Susan Bennett said, “July

1 was a big day for Kevin. Not only did the merger take effect on that day with Kevin at the helm, but Kevin’s term as president of the Rotary Club of Fort Myers (the region’s largest Rotary) started as well.”

Park Royal Behavioral Health Services Hosts Event “Women & Addiction” is topic at free luncheon and CEU event

FREE LUNCHEON AND CONTINUING EDUCATION EVENT

Women and Addiction



Brenda Iliff



Mary Bellofatto

Please join Brenda Iliff, executive director of Hazelden in Naples, Florida, and Mary Bellofatto, president/owner of Mary Bellofatto Consulting, for an informative presentation exploring the unique addiction issues that women face and how professionals can effectively address these issues in treatment. Alcohol and drug addiction is a chronic disease with behavioral components that requires lifelong management and periodic professional services. Women face distinctive challenges both in addiction as well as in treatment and ongoing recovery. How is their experience and road to recovery different than men’s? Generally speaking, women progress faster in addiction than men, face particular barriers to getting help, and recover differently. Recognizing these disparities can be critical in identifying addiction and determining the most effective treatment options.

Tuesday, January 7, 2014
noon–2:00 p.m.

United Way
Lee County Office
7273 Concourse Drive
Fort Myers, FL



Cosponsored by



Park Royal Hospital
9241 Park Royal Drive
Fort Myers, FL 33908
239-985-2760

To assist in planning for this educational event
please RSVP to Mary Campbell at 239-659-2351
or marycampbell@hazelden.org.



Relationships matter.

“Women are wired for relationships, and their recovery from addiction is all about connection. Much of the healing process revolves around connecting with others who share the struggle.”

—Brenda J. Iliff, MA
Executive Director at
Hazelden in Naples and
author of *A Woman’s
Guide to Recovery*

hazelden.org/naples
877-429-5093

We invite you to call us with questions.
We are available 24 hours a day.
4705-2 (12/13) © 2013 Hazelden Foundation

Mental Health Community Centers Featured in Herald Tribune

Over 1500 people are members in four locations

For those persons that have experienced a life changing event such as the onset of mental illness, these facilities offer the opportunity to lead a positive, healthy life. Read the story of Brian Green, who once worked in Rochester, NY before his cognitive abilities started to fail and he could no longer do the paperwork his job required.

<http://www.heraldtribune.com/article/20131229/ARCHIVES/312291031/0/SEARCH>

Help Make a Healthy Resolution a Reality

After 1 year
Your risk of coronary heart
disease is cut in half.

Go to BeTobaccoFree.gov to learn more

Do you or someone you know have a New Year’s resolution to quit smoking? You’re in good company. It’s a popular goal and many, many people succeed. There are more former smokers in the United States—nearly 50 million—than current smokers. Planning ahead can help make your healthy resolution a reality. [Find out more.](#)

For More Information visit BeTobaccoFree.gov to learn more! [Say It. Share It.](#) Spread the word about being tobacco free.

Free Classes Offered In Fort Myers

Peer-led, recovery focused education for adults



Ten week program is designed to establish and maintain wellness in response to mental health challenges. The course provides critical information and strategies related to living with mental illnesses.

Date: February 4, 2014 - April 8, 2014

Time: 3:30 p.m. - 5:30 p.m.

Location: Grace Church, 4151 Hancock

Bridge Pkwy, Room 6, North Fort Myers, FL 33903

Certified Mentors: Gail Desmond, Gerri Miller, Tyla Wehrung

Course will be held once a week on Tuesdays

Click [here](#) to register or call NAMI Lee County at (239) 337-9024. For more information about NAMI Lee County, please visit their [website](#)

Addiction Treatment Options in Lakeland Expand

Tampa non-profit will open satellite office in Lakeland spring 2014

The Drug Abuse Comprehensive Coordinating Office, better known as DACCO, recently got approval to expand into Polk County from the Florida Department of Children and Families. The Polk County program will focus on helping adults who need opioid treatment services.



Drug Free Highlands

Community group announces schedule of meetings 1st quarter

Capacity Building and Fundraising - Wednesday, January 15, 2014 at 9am

Assessment and Evaluation - Tuesday, January 21, 2014 at 1pm

DFH General Meeting - Wednesday, February 12, 2014 at 9:30am

For more information contact Aisha Alayande, Coordinator at cell: 347.837.8210 or visit their website at www.drugfreehighlands.org.

Prepared for Immediate Release:

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