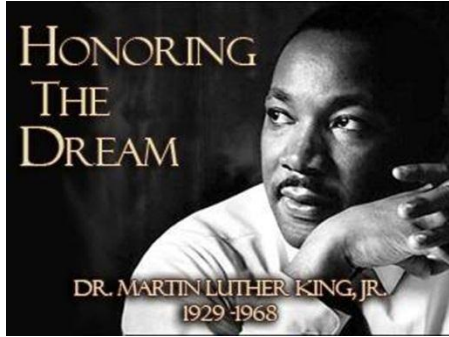




A personal note from Linda McKinnon, CEO.

*E-News This Week
January 27, 2014*



Last week, we joined with many others across the nation and the world to celebrate the life and work of Dr. Martin Luther King Jr. His legacy is one of fighting for racial equality, human rights and economic justice. Dr. King believed deeply that people of every race, religion and creed should have the opportunity to share in the American dream. His courageous leadership on civil rights included a passionate advocacy on behalf of the

poor. Dr. King memorably described inequality in health care as the “most shocking and inhumane” form of injustice. These words continue to resonate, as there is nothing more essential to opportunity than good health.

CFBHN works diligently to provide behavioral healthcare to the communities and the people we serve. We look forward to the day when our work is fully integrated with primary health care as well. We focus on the “whole person” and reflect that in our both our vision and mission statements. Our mission is to design and manage value driven integrated systems of specialty healthcare services and our vision is communities where wellness and integrated healthcare enhance the life of every community member.

We are fortunate to have strong advocates within our contracted network. Two individuals were recently recognized nationally by the National Council for Behavioral Health; Mary Ruiz, President/CEO, Manatee Glens in Bradenton was awarded the Individual Achievement in Advocacy Award and Roaya Tyson, Director/Inpatient Services, Gracepoint in Tampa was named Mental Health Professional of the Year. They will receive their awards at the upcoming conference this spring in Washington, D.C.

As always this week's E-News features timely information on special events that recognize people and issues we are passionate about. Here's hoping your week goes well!!

Former Secretary of State Hillary Rodham Clinton is Keynote

2014 National Council Conference in Washington, D.C. May 5-7



For more information about this annual conference and to register go to:

www.TheNationalCouncil.org/Conference

At the Conference two CFBHN contracted providers will receive personal recognition awards:

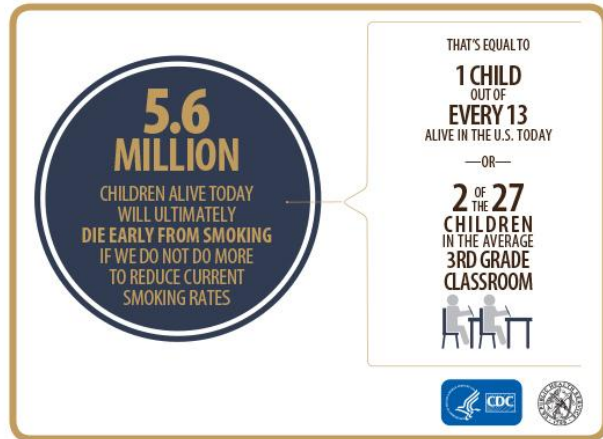
Mary Ruiz, President/CEO, Manatee Glens in Bradenton for Individual Achievement in Advocacy

Roaya Tyson, Director/Inpatient Services, Gracepoint in Tampa for Mental Health Professional of the year

The Next 50 Years

Let's make the next generation tobacco-free

Approximately 5.6 million American children alive today – or one out of every 13 children under age 18 – will die prematurely from smoking-related diseases unless current smoking rates drop, according to the new Surgeon General's report, [The Health Consequences of Smoking—50 Years of Progress](#). This latest report comes a half



century after the historic 1964 Surgeon General's report. Since that time, smoking has been identified as a cause of serious diseases of nearly all the body's organs.

[Learn more about the findings](#)

Insurance That's High Quality and Affordable? Now That's A Slam Dunk

Ervin "Magic" Johnson urges young Americans to "get covered"



Hall of Fame Basketball player, Entrepreneur and Activist Ervin "Magic" Johnson urges young Americans to #GetCovered with the Affordable Care Act and shares the story of how quality healthcare saved his life.

[READ MORE](#)

National Budget Bill Looks Positive for Funding

House passed a 2014 budget deal that included funding bump for mental health



The House easily approved a \$1 trillion omnibus budget bill January 16, the result of intensive negotiations over the last month to fund government operations for the remainder of 2014 and avert another shutdown. The bill, which is also expected to pass the Senate, increases mental health funding over 2013 levels and includes \$15 million for Mental Health First Aid training.

The bipartisan, bicameral 2014 budget agreement (H.R. 3547) reduces the impact of the sequestration cuts and largely spares healthcare programs from major reductions. The Substance Abuse and Mental Health Services Administration (SAMHSA) will receive a \$144 million increase over fiscal year 2013 levels, for a total budget of \$3.6 billion. Among the highlights of the SAMHSA budget are:

- \$15 million for a new grant program to provide Mental Health First Aid training to police officers, first responders, judges, social workers and the staff of college and university counseling centers, among others
- \$50 million for the Primary-Behavioral Health Care Integration (PBHCI) program, which supports the co-location of services in behavioral health and primary care settings
- \$1.8 billion for the Substance Abuse Block Grant, a \$110 million increase over the 2013 post-sequester level
- \$484 million for the Mental Health Block Grant, 5 percent of which will be used to support evidence-based programs that address the needs of individuals with early serious mental illness, including psychotic disorders
- \$40 million for new Project AWARE grants, which will provide 20 grants to State Education Authorities for comprehensive programs in 1,000-1,500 schools to get students with mental health issues referred to needed services
- \$46 million for the National Child Traumatic Stress Initiative
- \$48 million for the Garrett Lee Smith Memorial Act programs

Securing federal funding for Mental Health First Aid training has long been a priority for the National Council. President & CEO Linda Rosenberg praised the budget deal, saying "Mental Health First Aid is a low-cost but high-impact way to make a real difference. The new funding from SAMHSA will ensure that thousands of professionals working on the front lines will have access to this simple but highly effective training... These skills can save lives, and we applaud SAMHSA for providing this essential funding."

Among other health agencies and programs that receive increases in the spending package are the National Institutes of Health. The \$29.9 billion allocated to NIH includes support for the Brain Research

through Application of Innovative Neurotechnologies (BRAIN) Initiative, a multi-agency effort to map the human brain.

The federal government has been operating under a series of stopgap funding resolutions since 2012. The omnibus 2014 budget bill represents the first time in several years that Congress has been able to reach agreement on all of the line item appropriations that make up the annual budget. (NCCBH, 1/16/14)



Group Welcomes Members & Supporters To “Man the Booth”

Highlands County Fair offers opportunity to educate

There is a link below that has dates and times that may be most suitable. Just click on the link and select your dates and times. Aisha Alayande, Coordinator, thanks everyone for their support.
<http://doodle.com/r95956giii7mu4hd>

ACA High-Risk Insurance Plans Extended to March 31

HHS extends the “bridge” program



HHS has [announced](#) that it will extend the ACA’s Pre-Existing Condition Insurance Plans – high-risk pools established as a bridge between the 2010 enactment of the law and the 2014 coverage expansions – through March 31. The coverage extension will give the approximately 30,000 high-risk patients still in state and federal PCIP programs more time to enroll in insurance plans through the exchanges.

CFBHN Issues “Bravos”

Tara Giberga, Senior Program Manager for UM, recognizes outstanding efforts



Nelda Jackson - Tri County ASA Residential - For your timeliness, comprehensiveness, and overall collaborative efforts towards implementing a smooth review process with CFBHN.

Joel Bergman, Robert Pereyra, and Matt Loftus - ACTS Thono CSA Residential Staff - For consistent early/timely review requests, providing detailed information that facilitates the review process, and coordinating case admissions with JARF when possible to expedite admissions and reduce/eliminate length of stay at JARF.

* ASA = Adult Substance Abuse, CSA = Children Substance Abuse, JARF = Juvenile Addiction Receiving Facility

Upcoming Webinars

Many options from around the nation and state – click on the title or link to register



ACA and Addiction Treatment: Implications, Policy and Practice Issues – 1/29/14 @ 1:30pm ET Register Now at <http://hospitalsbirt.webs.com/acachanges.htm>

The Business of Intervention: What it Takes to Be Successful – 1/30/14 @ 1:00pm ET Register Now at

<https://event.on24.com/eventRegistration/EventLobbyServlet?target=registration.jsp&eventid=720975&sessionid=1&key=887B4D25409FE47D89EF05FD518F6C23&partnerref=apemail2&sourcepage=register>

Leading Same-Day Access: Rules for Best Practice Procedures and Cost Savings – 2/12/14 @ 2 pm ET Register for free at <http://www.thenationalcouncil.org/events-and-training/webinars/>

Still Time to Attend Annual Justice Summit

3rd Summit is January 27 – 29 at the Altamonte Springs Hilton in Orlando

2014 JUSTICE SUMMIT

To anyone interested in criminal justice policy development, learning more about justice issues, or supporting the availability of treatment for offenders register TODAY.

Guest speakers at this year's event include:

- The Honorable Pam Bondi, Florida Attorney General
- The Honorable Grady Judd, Polk County Sheriff and President of the Florida Sheriff's Association
- Mark Levin, Executive Director of Right on Crime
- Ed Latessa, Ph. D, national researcher on "what works" with offenders

This event is presented by the Florida Smart Justice Alliance and Bridges of America is proud to be the title sponsor. The purpose of the Summit is to further the public conversation regarding the utilization of proven approaches, including substance use disorder and mental health treatment, to reduce the impact and cost of crime on Florida taxpayers. The Summit will feature successful strategies being used in Florida and across America to accomplish this goal. Participants will also have an opportunity to interact with legislators who drive the justice policy in Florida. For more information on the Summit or to register, click on www.justicesummit.org.

DCF Posts Notice of Meeting

Public meeting January 30 to discuss Baker Act Receiving Facility Designation

This open forum meeting from 1:00 pm – 3:00 pm at the New River Branch Library, 34043 St Road 54, in Zephyrhills Florida will discuss the designation of North Tampa Behavioral Health in Wesley Chapel as a Baker Act Receiving Facility. A copy of the agenda may be obtained by contacting Elizabeth Statzer at (813)337-5973 or email: Elizabeth_K_Statzer@dcf.state.fl.us

Data Spotlight

.Per the National Institute of Health study, compared to controls, people with severe mental illness were:



- About **4 times** more likely to be heavy alcohol users (four or more drinks per day);
- About **3.5 times** more likely to use marijuana regularly (21 times per year); and,
- About **4.6 times** more likely to use other drugs at least 10 times in their lives

Making Integrated Care Work – Go to www.Integration.SAMHSA.gov

13 in '13: Integration Highlights in 2013



2013 brought a wealth of new research, federal initiatives, and resources for integrated primary and behavioral healthcare services. The SAMHSA-HRSA Center for Integrated Health Solutions posts the latest news and tools on their website, and serves as the "national home" for primary and

behavioral healthcare integration. In case you missed them, here are 13 top picks from 2013.

1. National Dialogue on Mental Health

The second-ever White House Conference on Mental Health, held in January, led to the launch of mentalhealth.gov and the National Dialogue on Mental Health, which includes an effort to start **conversations about mental health** across communities.

2. Federal Investment in Integrated Care

Federal investment in integrated care included \$50 million through HRSA in expanded **funding for community health centers** to provide mental health services, a new group of SAMHSA **Primary and Behavioral Health Care Integration grantees**, and tobacco cessation support from the CDC for providers helping people with severe mental illness.

3. Medicaid Expansion

The Center for Health Care Strategies released an issue brief on **Strategies to Improve Dental Benefits for the Medicaid Expansion Population**, which outlines how 20 Medicaid expansion states intend to offer at least a minimal dental benefit to newly eligible populations. This brief can help inform other states as they determine benefit offerings for the Medicaid expansion population in 2014 and beyond.

4. Atlas of Integrated Health Measures

The Agency for Health Research and Quality's Academy for Integrating Behavioral Health and

Primary Care released several resources, including the **Atlas of Integrated Health Measures**, a user-friendly guide that helps integrated health settings achieve the Affordable Care Act's triple aim.

5. **Substance Use Treatment Resources**

New substance use treatment resources from SAMHSA included **Systems Level Implementation of Screening, Brief Intervention and Referral to Treatment (SBIRT)** and **Managing Chronic Pain in Adults with or in Recovery from Substance Use Disorders**, a SAMHSA Treatment Improvement Protocol (TIP 54).

6. **Innovations in Addictions Treatment**

Our **Innovations in Addictions Treatment** report shares insights and perspectives from pioneering addiction organizations that integrated primary care services.

7. **Coalitions and Community Health**

The Community Anti-Drug Coalitions of America and CIHS developed **Coalitions and Community Health: Integration of Behavioral Health and Primary Care** to outline how the nation's 5,000+ community substance abuse prevention coalitions can help to reduce substance use in ways that complement healthcare providers' integration efforts.

8. **A Window of Opportunity**

Grantmakers in Health and the Hogg Foundation for Mental Health released the report, **A Window of Opportunity**, which highlights the role philanthropy can play in eliminating health disparities through supporting integrated care.

9. **State Innovation Models in Integration**

States are taking on initiatives to improve healthcare quality and provide integrated primary and behavioral healthcare. CMS reported on lessons learned from six states participating in the **State Innovation Models** program.

10. **Telebehavioral Health Training Series**

CIHS' **Telebehavioral Health Training and Technical Assistance Series** is designed to help safety net providers and rural health clinics understand and adopt telebehavioral health services. The implementation of these services for mental health and substance use allows for increased access, particularly in rural or underserved areas.

11. **Standard Framework for Levels of Integrated Healthcare**

The CIHS **Standard Framework** for Levels of Integrated Healthcare helps primary and behavioral healthcare provider organizations improve outcomes by helping them understand where they are on the integration continuum.

12. **Growth in Medicaid Health Homes**

We saw growth in the number of **Medicaid Health Homes**, specifically those addressing behavioral health. As of November 2013, nine states have approved state plan amendments for behavioral health homes: Alabama, Idaho, Iowa, Maine, Missouri, New York, Ohio, Oregon, and Rhode Island.

13. **Final Parity Rule**

Four years after passage of the Mental Health Parity and Addiction Equity Act of 2008, a **final rule** was implemented to apply parity to insurance plans.

And In Other News



[Social Security Announces New Compassionate Allowances Conditions](#)

The above link will take you to the latest information from Social Security regarding allowances.

[Pinellas Park Health & Wellness Fair Seeks Vendors](#)

Fair will be Sunday, Feb. 23, 2014, in the Sacred Heart Church Parish Center, 7981 46th Way North, Pinellas Park, (Corner of 79th Ave N & 46th Way). The fair is free and open to the public from 9:00 a.m. till 2:00 p.m. Display space is limited to 45 vendors at no cost to exhibitors. A table and two chairs are provided for each reserved space, and a limited number of spaces include access to electricity. Health screenings, home health products and services, personal care products and services, assistive devices, weight management, nutrition counseling, medical and wellness services and health insurance are among the categories offered. No more than two vendors will be accepted in any one category. For further information or to reserve display at the Smart Living Health Fair, contact Sara Im by phone at 727-512-3017, or via e-mail at HealthyTeam2@gmail.com



[NIH study: Research-based strategies help reduce underage drinking](#)

Current programs and policies are effective, but more new interventions are needed

The American Association on Health and Disability released a [Guide to Disability for Healthcare Insurance Marketplace Navigators](#). Navigators and other enrollment specialists can use this guide to learn the unique considerations people with disabilities face as they shop for healthcare coverage. For example, someone with a mental health condition or cognitive impairment may have difficulty concentrating or following

detailed instructions. The guide was created as part of the [National Disability Navigator Resource Collaborative](#), an initiative aimed at providing cross-disability information and support to navigators and other professionals providing enrollment support to people with disabilities.

STUDY: Severe mental illness tied to higher rates of substance use

People with severe mental illness such as schizophrenia or bipolar disorder have a higher risk for substance use, especially cigarette smoking, and protective factors usually associated with lower rates of substance use do not exist in severe mental illness, according to [a new study](#) funded by the National Institute on Drug Abuse (NIDA), part of the National Institutes of Health. [Estimates based on past studies](#) suggest that people diagnosed with mood or anxiety disorders are about twice as likely as the general population to also suffer from a substance use disorder. Statistics from the 2012 National Survey on Drug Use and Health indicate close to [8.4 million](#) adults in the United States have both a mental and substance use disorder. However, only 7.9 percent of people receive treatment for both conditions, and 53.7 percent receive no treatment at all, the [statistics](#) indicate

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