



A personal note from Linda McKinnon, CEO.

*E-News This Week
February 25, 2013*



The month of February has been dedicated National Heart Awareness Month and the focus is on learning more about heart health. According to data from the Centers for Disease Control and Prevention, heart disease is the leading cause of death among American adults; one in every three deaths is from heart disease and stroke, which amounts to

approximately 2,200 deaths per day - well over half a million lives annually. Trends that adversely impact heart health need to be reversed and raising awareness is a crucial factor in achieving improved outcomes. We hope you took the time to learn more about heart health this month, but it is not too late. Click onto the American Heart Association website at www.heart.org to learn more.

We continue our E-Meet of Board Membership this issue by profiling our Treasurer Dr. Paula S. O'Neil. The complete Board Membership is on our website under a new tab at the top of our home page. All Board Member profiles will be housed there and you can also navigate to read the minutes of previous board meetings.

As always this week's E-News features timely information on special events that recognize people and issues we are passionate about. I hope you will have the opportunity to participate in some of these. Here's hoping your week goes well!

Paula S. O'Neil, Ph.D., is CFBHN Board Treasurer

E-Meet Paula



Elected in 2008 and 2012 by the voters of Pasco County, Florida, Paula O'Neil became the seventh person and first female to serve as Clerk of Circuit Court & County Comptroller in Pasco County's history. Prior to serving as a constitutional officer, Paula worked in various capacities in Pasco County government for over 20 years. With a continual desire to mentor and teach, Paula also served as an adjunct instructor for Pasco-Hernando Community College and an adjunct professor for Saint Leo University.

Dr. O'Neil holds a Doctorate in Philosophy in Applied Management and Decision Sciences, is a Certified Public Manager, University of South Florida Executive Fellow, Leadership Pasco Alumnus, and former Florida Sterling Examiner.

Paula serves on the Board of Directors for Florida West Coast Credit Union, Pasco Safety Town, Central Florida Behavioral Health Network, the Florida Court Clerks & Comptrollers (First Vice President), and the Clerk of Courts Operation Corporation. She serves on the Advisory Committee for Information Technology at Pasco-Hernando Community College and the Advisory Board for Criminal Justice for Rasmussen College. Paula is active with Pasco County Making Strides Against Breast Cancer and serves on several committees for the Florida Court Clerks & Comptrollers and the Clerk of Court Operations Corporation. Memberships include the Rotary Club of Seven Springs, Chambers of Commerce, East Pasco Conservative Club, Lake Jovita Business Women, and the Homeless Advisory Board.

Paula and her office have been recognized with the following awards:

- 2012 Distinguished Budget Presentation Award – Gov't Finance Officers Association of U.S. & Canada (GFOA)
- 2012 Achievement Award – Customer Call Center – National Association of Counties (NACO)
- 2011 Outstanding Public Servant – West Pasco Chamber of Commerce
- 2011, 2010, 2009...1983 – Certificate of Excellence in Financial Reporting - GFOA
- 2010 Justice Award – West Pasco Bar Association
- 2010 Business Woman of the Year for Government – Tampa Bay Business Journal
- 2010 Achievement Award – Electronic Foreclosure Sales – NACO
- 2010 Achievement Award – Integrated Management Operating System – NACO
- 2009 Service Award – Domestic Violence Task Force
- 2009 Achievement Award – Customer Flow Management - NACO
- 2009 Best Place to Work – Workforce
- 2005 Achievement Award – eFiling in Probate –NACO

A native of St. Louis and forever fan of St. Louis Cardinals baseball, Paula has lived in Pasco County since 1987. She has two sons, Patrick and Phillip, and two grand-dogs, Buddy and Max. She enjoys spending time with her family, traveling, bicycling, and sporting events. We are extremely lucky to have Paula serving on the CFBHN Board of Directors.

Tampa Inpatient Detox Facility Open House Thursday February 28

DACCO hosts ribbon cutting at noon

The Board of Trustees and CEO of DACCO (Drug Abuse Comprehensive Coordinating Office, Inc.) are pleased to announce the opening of their new Detox Facility which is located adjacent to their Headquarters on 4424 East Columbus Drive. You are invited to tour the facility and meet staff between the hours of 11:30 am to 1:30 pm. Any questions call 813.384.4201 or visit their website at www.dacco.org.

Live Webinar Tuesday February 26 on Violence and Mental Illness

National Council hosting from 2:00-3:30 pm eastern

Dr James Reinhard, MD, Medical Director/Associate Director for Psychiatry for the Thomas E. Cook Counseling Center, Virginia Tech University is the guest speaker exploring the myths, facts, and programs that can help. With the tragic shootings in Newtown, Aurora, Tucson, and Blacksburg, among others, national attention has focused on the issue of violence and mental illness. This complicated issue is often oversimplified by the news media and facts can be obscured by anecdote and a partial exploration of research. Dr. Reinhard will also outline how Mental Health First Aid can be an important early intervention strategy for individuals experiencing the signs and symptoms of mental illness. Register for FREE at <https://www2.gotomeeting.com/register/502457306>.

Manatee Glens Rape Crisis Center Earns Certification

Florida Council Against Sexual Violence (FCASV) says they meet highest standards for care

"This re-certification makes us statewide leaders in rape crisis services," said Manatee Glens President/CEO Mary Ruiz. "We are honored to be recognized for the service we provide these victims. We truly believe we are providing the best service possible." Manatee Glens is also celebrating this month the first anniversary of the SANE Center. In February 2012, Manatee Glens and its' partner, Planned Parenthood of Southwest and Central Florida, formed the Sexual Assault Nurse Examiner (SANE) Program to provide forensic exams for sexual assault victims. Manatee Glens works closely with the local hospitals as well as the Sexual Assault Response Team (SART) and law enforcement to provide these services. Manatee Glens has served 59 victims of sexual assault in its first year in operation. These victims receive counseling, assistance, and support through the legal system if they choose to press charges, and help with victims' assistance funds. Victims of trauma need someone who is really looking out for them. The staff and volunteers in Manatee Glens' Rape Crisis program are committed, positive, open-minded, compassionate, and supportive. According to the certification report, the Manatee Glens Rape Crisis Center is an excellent program that provides all required services. The report from the monitors praised Manatee Glens Rape Crisis Counselors because they "never say no to anyone... Their purpose is to eliminate rape. This spirit was evident in all staff..." The monitors were also pleased with the Rape Crisis Center's warm and inviting location. The offices were considered comfortable and private and good for counseling sessions. For further questions contact Sondra Guffey, Director of Public Relations, at Sondra.guffey@manateeglens.org, 941-782-4299, Direct: 782-4320, NEW Cell: 941-720-4923.

Save the Date – **kids&alcohol Town Hall Meeting**

LiveFree! and Partners to host meeting March 21 at 5:30 pm

Discussion will surround underage alcohol use, synthetic marijuana use, prescription drug misuse, and peer pressures facing youth. Location is the Palladium Theater, 253 5th Avenue North, St Petersburg, FL. For more information contact livefree@operpar.org.

Florida Substance Abuse Mental Health Planning & Advisory Council Elects New Officers

Recent meeting in Tallahassee includes election

The Council's quarterly meeting was recently held in Tallahassee February 13-15 and elections for new officers occurred. Dr Phillip Toal of the Center for Drug Free Living, located in Orlando, was elected Chair, Karen Alexander, a retired military veteran and Certified Peer Recovery Specialist living in Pensacola, was elected Vice Chair. Christine Hurst, counselor for Access Recovery in Panama City was elected Secretary and Dana Foglesong, Certified Peer Recovery Specialist living in Fort Myers was elected Treasurer. The term of service is two years. The Council has worked diligently the past several years to integrate substance abuse onto what was previously a mental health focused council. This integration move is being replicated across the nation as well as with the state authority which has submitted a joint block grant application for federal funds. The Council's primary responsibility is to provide input into the state's application for federal block grant funds for substance abuse and mental health, advocate for education, and monitor and evaluate the state system of care.. For more information please visit www.floridamentalhealth.org.

CFBHN Presented Workshops at Recent FJJA Adolescent Conference

February 19-20 in Orlando

Marcia Monroe, Vice President of Network Development and Clinical Services and Doris Nardelli, Manager of Business Development and Marketing, presented two workshops at the recent Florida Juvenile Justice

Association Adolescent Conference. Tuesday's workshop covered Co-Occurring System Development and Wednesday's workshop explored Organizational Change. The two workshop presentations can be accessed here ([Workshop 1](#)) and ([Workshop 2](#)).

Florida Governor Scott Announces Medicaid Expansion

We Must Protect the Uninsured and Florida Taxpayers

Last week Governor Rick Scott announced that he would support a limited, three-year expansion of the state's Medicaid program under the president's healthcare law while the federal government is paying 100 percent of the cost in order to protect both the uninsured in Florida and state taxpayers. Governor Scott said, "While the federal government is committed to paying 100 percent of the cost of new people in Medicaid, I cannot, in good conscience, deny the uninsured access to care. We will support a three-year expansion of our Medicaid program under the new healthcare law, as long as the federal government meets their commitment to pay 100 percent of the cost during this time. This legislation would sunset after three years and need to be reauthorized. There are no perfect options. Our options are either having Floridians pay to fund this program in other states while denying healthcare to our citizens or using federal funding to help some of the poorest in our state with the Medicaid program as we explore other healthcare reforms. Expanding access to Medicaid services for three years is a compassionate, common sense step forward. It is not the end of our work to improve healthcare. And, it is not a white flag of surrender to government-run healthcare. I am committed to working every day to improve access to affordable, high-quality healthcare in Florida, while also protecting taxpayers and keeping our economy growing to create more jobs – which ultimately fuels the dreams of every Florida family."

Florida Alcohol & Drug Abuse Association Hosts April 22-23 Conference

Entitled "Community Health & Wellness" conference will be at Buena Vista Palace Hotel in Orlando

Visit the website CommunityHealthandWellnessConference.org for more information. Register Now to take advantage of the early bird rate! Sponsorship opportunities are also now available.

Free Training on Solution Focused Brief Therapy

DCF and FADAA team up to provide workshops. Six CEU's available at no cost.

Solution-Focused Brief Therapy (SFBT) is a practice that structures clinical work to help clients set and reach realistic and specific treatment goals. Participants in this training will learn the essential skills of SFBT for persons with substance abuse disorders and how to move their counseling from problem-focused to solution and forward-focused. The presenter is Arlene Brett Gordon, Ph. D. Director, Brief Therapy Institute, Nova Southeastern University. Two workshops are scheduled: Friday March 15 and Friday March 22. Time is 8:30 am to 4:00 pm both days, but locations are different. The March 15 training will be at the Homewood Suites Lake Mary, 755 Currency Circle, Lake Mary and the March 22 workshop will be at the Courtyard Marriot, Ft. Lauderdale Airport and Cruise Port Hotel, 400 Gulf Stream Way, Dania Beach. To register for March 15 click on <http://fadaa.org/workshopInformation.php?id=5> for March 22 <http://fadaa.org/workshopInformation.php?id=6> There are a limited number of travel scholarships available on a first come first served basis for those traveling more than 50 miles. To request a scholarship, email jhelms@fadaa.org

"Walk A Mile For A Child" in Foster Care

Eckerd Community Alternatives in Hillsborough is calling for volunteers

To show support for the community's most vulnerable children, Eckerd is looking for thousands to join this walk. All net proceeds from entry fees will help raise hope for the children involved in the local system which currently number about 3,200. Whether you're walking for Jenny (age 2) who entered foster care at birth, or Johnny (age 16) who's waiting to be adopted before he turns 18, you can let them know you care and that they matter. The walk is scheduled for Saturday, May 18. Registration and packet pickup begins at 6:30 am and opening ceremony is at 9:00 am. The walk will be at Cotanchobee Fort Brook Park – Riverwalk in Downtown Tampa, 601 Old Water Street. Register today at www.eckerdcbc.org/walk.

CFBHN Focuses on 2012-2013 Consumer Handbook

Electronic handbook available on our website home and Facebook pages – quick guide for consumers

The handbook provides basic information for consumers and families who are eligible to receive Department of Children & Families funded substance abuse and mental health services. It provides information about the responsibilities of CFBHN as the Managing Entity for the SunCoast Region and Circuit 10 and the rights and responsibilities of those persons seeking care. Just click on the image and the Handbook will open for you.

Prepared for Immediate Release:

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