



A personal note from Linda McKinnon, CEO.

E-News This Week August 20, 2012

Fall is fast approaching and we always feel it sooner once school starts. Most public schools are “open for business” this week along with colleges and universities welcoming new and returning students. A time of new beginnings for many and CFBHN will usher in a new beginning ourselves. Effective September 1 we will be located under one roof. Since our expansion in services last year we had been housed in two separate locations at the Silo Bend complex. Luckily the tenant to our right relocated and their former space became available. We have been diligently working on a build out to accommodate our needs. Due to the holiday Monday September 3, we will open our doors all under one roof September 4! I want to personally thank my Executive Assistant Laura Gross for the fantastic job she has done to coordinate all aspects of this project from planning and build out to mover extraordinaire. Laura you are a treasure to CFBHN. I would also like to welcome our newest Administrative Assistant Denise Bryant.

As most are aware, the Tampa Bay area will soon play host to the Republican National Convention. Preparations for the event have been months in planning to develop logistical responses for the influx of attendees. The Hillsborough County State Attorney’s office spoke at the recent Circuit 13 Acute Care meeting requesting local mental health and substance abuse providers be prepared for a possible overflow of jails and facilities during the convention. Our providers stand at ready to assist and provide services to persons in need and will be able to respond.

The balance of E-News this week focuses on our system-wide Quality Improvement efforts surrounding subcontractor monitorings and we are pleased to share our yearly schedule on the website, good information from a local NAMI affiliate, update from a provider organization, a name change and focus for another provider, update contact information for valuable Lifeline service and a special message from Assistant Secretary Rob Siedlecki concerning a partnership with DCF and the US Army.

Thank you for reading today and hope your week is absolutely great!

CFBHN Posts Annual Monitoring Schedule

All organizations undergo review

Betsy Christianson, Senior Quality Manager has released the fiscal year 2012-2013 Monitoring Schedule

[Schedule](#) Any future date changes will be posted by the assigned Quality Improvement Lead. Monitoring tools to be used for each organization will be provided in September. The Lead can be contacted through email at QI_reports@cfbhn.org. Monitoring ensures the effective and efficient use of all public fund expenditures while implementing best practices for service provision.

90 Seconds with NAMI Lee

Current mental health information that is “fun and fast”

About two years ago the local affiliate launched an email effort targeted to membership, advocates and friends to share the latest information on mental illness. The goal was to eliminate prejudice and ignorance. Now at over 2000 email members, they would like to double in size and are asking everyone to log on and signup at <http://www.namilee.org/>.

Mental Health Care Updates

Quick report from Jenine LaCoe, Director of Outpatient Services

Began in 1949, MHC has expanded over the years from a children’s focus to include community care for all ages. Their mission is comprehensive behavioral health services. Jenine reports that by end September all agency staff will be trained in Trauma Informed Care. They also continue an annual assessment of their co-occurring capabilities using the Dr. Ken Minkoff tools of the Compass and Codecat. To facilitate better service they started Open Access select days of the week at their Access Center, smaller outpatient clinics and will soon launch at their largest outpatient clinic in Seminole Heights. DBT groups are in Plant City, Tampa and Wesley Chapel along with SMART Recovery (addictions), Seeking Safety (trauma), Teen Anger Management (12-17), Children’s Anger Management (9-11), Overcoming Depression and Girl’s Building Confidence. Homeless programs benefit from the Housing First model and they will start an ACT Team in October for chronically homeless individuals called Housing First Team (like their SAMHSA grant featuring street to apartment in 45 days). Contact Jenine at 813-239-8284 or jlacoe@mhcinc.org if you have questions.

New Name – New Focus

Strategic planning moves Directions for Mental Health to Directions for Living

The culmination of two years hard work is not just a name change only. It reflects the integration of their main service areas: Prevention, Wellness and Recovery, Adult Behavioral Health, Children’s Behavioral Health and Child Safety and Family Preservation. They were also recently recognized as “2012 Not for Profit of the Year” by the Clearwater Chamber of Commerce. They have been selected as the sole Children’s Division Provider for Pinellas County as well as the behavioral health provider for the innovative behavioral health/primary health care initiative sponsored by Pinellas County Health and Human Services. Visit their NEW website at www.directionsforliving.org to learn more.

Lifeline Makes Recent Program Changes

Access application for free service

The attached revised application can be processed for free wireless service through Statelifeline.com [Link](#) For further information or assistance call 1-85-LIFELINE, 1-855-433-5463 or 1-888-777-6561.

DCF Partners with Army OneSource

FREE nationally accredited online training made available

Assistant Secretary Rob Siedlecki announces partnership to bring training to local state provider organizations to help them meet the challenges of providing services to military responders returning from difficult duty around the world. More than 74 percent of those deployed since 9/11 are National Guard or Reserve Service members who return to communities where they do not have access to military base programs and services for themselves and/or their family members. They turn to local providers but don't return for care if the provider does not have an understanding of military life and the impact of deployment. To register click on: <http://www.restofthewayhome.com/>.

For Immediate Release:

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